

Senior Fit						
Day	Date	AM/PM	Start	Finish	Duration	Venue
Wednesday	29th December	AM	9:00	10:30	1:30	Greerton
Thursday	30th December	AM	9:00	10:30	1:30	Greerton
Friday	31st December	AM	9:00	11:00	2:00	Greerton
Wednesday	5th January	AM	7:00	9:00	2:00	Greerton
Thursday	6th January	AM	7:00	9:00	2:00	Greerton
Friday	7th January	AM	7:00	9:00	2:00	Greerton

Fitness						
Day	Date	AM/PM	Start	Finish	Duration	Venue
Wednesday	29th December	PM	3:00	4:00	1:00	Greerton
Thursday	30th December	PM	3:00	4:00	1:00	Greerton
Wednesday	5th January	PM	4:00	5:15	1:15	Greerton
Thursday	6th January	PM	4:00	5:15	1:15	Greerton
Friday	7th January	PM	4:00	5:15	1:15	Greerton

Fitness Adult						
Day	Date	AM/PM	Start	Finish	Duration	Venue
Wednesday	29th December	AM	9:00	10:30	1:30	Greerton
Thursday	30th December	AM	9:00	10:30	1:30	Greerton
Friday	31st December	AM	9:00	11:00	2:00	Greerton
Wednesday	5th January	AM	7:00	9:00	2:00	Greerton
Thursday	6th January	AM	7:00	9:00	2:00	Greerton
Friday	7th January	AM	7:00	9:00	2:00	Greerton