

### Dear Everyone

I would like to extend a truly warm welcome to all participants in the 2020 Evolution Winter Champs here at Baywave in Mount Maunganui.

I hope you all manage to achieve the targets you have set for this weekend. Many of you will be building towards the NZ Secondary Schools next month or the NZ Short Course Champs in October. Thank you for choosing our meet as part of your preparation.

A big thank you to all club officials, members, parents, the Evolution Aquatics Tauranga board and sponsors without whose support this event could not happen. You guys rock. Please support all these local businesses who support us. Special mention to Noxen who are sponsoring our SKINS events. Thank you to Holland Beckett Law and Marwan Project Consultancy for printing supplies along with Teamline and Classic Builders for donation of spot prizes.

Good luck to all the swimmers. We hope you achieve your goals and that everyone enjoys the competition. And remember;

"You can't put a limit on anything. The more you dream, the further you get." - Michael Phelps

Kind regards

Michael Pugh
Chair – Evolution Aquatics Tauranga

# **SAFETY PRECAUTIONS**

## To All Poolside Volunteers, Coaches, Swimmers and Spectators

Under the Health and Safety Act it is necessary for us to advise you of the Hazards that could affect you or your swimmers during the Evolution Winter Champs.

The following is a list of hazards in and around the Baywave Pool deck:

- Deep Pool
- Grandstand area, grandstand seating, pool deck and toilet areas – ALL SLIPPERY WHEN WET
- Electronic cords Trip hazard

### PLEASE DO NOT ENTER CORDONED OFF AREAS AT ANY TIME

Please ensure that all care is taken to ensure the health and safety of yourself and anyone under your direct authority during the meet.

### **EMERGENCY PROCEDURE**

In the case of an emergency, the Referee will give three long blasts on the whistle and you will be advised of any further procedures.

Should anyone require first aid assistance a Qualified First Aid person will be on duty at all times.

### PLEASE BE SAFE AND LOOK AFTER EACH OTHER

# IMPORTANT NOTICE TO ALL COACHES AND TEAM MANAGERS

### WITHDRAWAL AND SCRATCHING RULE

As per Swimming NZ FINA Rules and SNZ Regulations

SR12.17 withdrawals are required only for finals. Swimmers will be deemed to have withdrawn if they do not report at the appropriate time prior to their heat.

Withdrawals must be submitted to Control within 20 minutes after the end of the session.

A swimmer who does not withdraw or No Show for their final will be liable to a \$50.00 fine. Finalists are deemed to include the first two reserves.

The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed.

### WARM UP AND WARM DOWN

We ask that all Coaches and Team Managers strictly enforce the following rules during warmup and warm down.

Diving into the pool is not permitted during warm-up. Dive starts will be allowed in designated sprint lanes, being lanes 1 & 10 at a time to be announced as warm up progresses.

#### MARSHALLING

There is marshalling for Finals only. Event 2a/2b, 12a/12b, 14a/14b, 16a/16b, 17a/17b, 19a/19b, 21a/21b, 22a/22b, 29a/29b, 31a/31b, 33a/33b, 38a/38b, 40a/40b, ALL SKINS events – 51/61/71/81.

Finals Event 2a/2b, 12a/12b, 29a/29b, please report to Marshalling at least 10 minutes before the scheduled start time of that session. Thereafter Finals events, swimmers must be available to report at least 2 events prior to their racing event.

All <u>Reserves</u> placing no. 11<sup>th</sup> & 12<sup>th</sup> name listed on the Finals Meet Program <u>must also report</u>, otherwise a Penalty Fee is incurred as a No Show.

There is no marshalling for (a) Session 1 from Event 1 to 5; (b) Session 2 from Event 8 to 22; (c) Session 3 for Event 23, 24, 25, 26, 27, 28; (d) Session 4 for Event 29 to 43 and (e) Session 5 for Event 44, 45, 46, 47, 48, 49. Swimmer racing this number event(s) please proceed to the starting block as per your Team Manager's instructions.

#### **START PROCEDURE**

"Over the top" starts will apply to all heats, swimmers must exit the pool to the side after the next heat has started, swimmers' names will be announced during the race.

FINA starting procedure will apply to Finals and Timed finals, swimmers' names and club will be announced prior to the start.

The One Start Rule will apply.



# **EVOLUTION WINTER CHAMPS 2020**

FRIDAY 31<sup>ST</sup> JULY
EVENING SESSION 1
WARM UP 3:00PM
RACING STARTS 4:00PM



SATURDAY 1<sup>ST</sup> AUGUST MORNING SESSION 2 WARM UP 7:00AM RACING STARTS 8:00AM SATURDAY 1<sup>ST</sup> AUGUST AFTERNOON SESSION 3 WARM UP 3:30PM RACING STARTS 4:30PM

SUNDAY 2<sup>ND</sup> AUGUST MORNING SESSION 4 WARM UP 7:00AM RACING STARTS 8:00AM SUNDAY 2<sup>ND</sup> AUGUST
AFTERNOON SESSION 5
WARM UP *TBA*RACING STARTS *TBA*(To be Advised on
Sunday Morning Session 4)