XLR8 Your Points 2025



Saturday 31st May & Sunday 1st June

Sati	urday - Se	ssion 1. Timed Finals	5.
Wa	rm up at 8	8.00 am with racing a	t 8.45 am.
Swi	mmers ca	an race up to 3 events	s in S1.
1	400m	Individual Medley.	13 & over
2	50m	Freestyle.	
3	200m	Backstroke.	One only.
4	200m	Butterfly.	One only.
5	200m	Breaststroke.	One only.
6	50m	Backstroke.	

Sati	urday - S	ession 2. Timed Final	s.
Wa	rm up at	1.00 pm with racing	at 1.45 pm.
Swi	mmers o	can race up to 3 even	ts in S2.
7	100m	Freestyle.	
8	100m	Individual Medley.	
9	100m	Butterfly.	
10	50m	Breaststroke.	
11	400m	Freestyle.	12 & over.

Sun	day - Se	ssion 3. Timed Finals.						
Warm up at 7.30 am with racing at 8.15 am.								
Swimmers can race up to 3 events in S3.								
12	100m	Breaststroke.						
13	200m	Freestyle.						
14	50m	Butterfly						
15	100m	Backstroke.						
16	200m	Individual Medley.						

Sun	day - Ses	sion 4. Session time TE	BC						
Swimmers can only race 1 event in S4.									
17	800m	Freestyle	12 & over						
18	1500	Freestyle	13 & over						

PLEASE NOTE TO WIN YOUR OVERALL AGE GROUP YOU MUST DO THE XLR8 SWIMS AS SHOWN ON THE FOLLOWING PAGE.

IF YOU ARE FEELING UNWELL PLEASE DON'T ATTEND THE MEET

Conditions of Entry.

- Taupo XLR8 is a designated Meet and Electronic Timing will be used. Meet to be swum under SNZ/WA rules with local rules taking precedence.
- Restriction Limited to 300 swimmers. Swimmers may only race one 200 back, breast or fly. Swimmers may only race one of 800 and 1500 freestyle. 400 Freestyle 12 and over. 400 IM and 1500 13 and over.
- 3. Online entries via the Swim NZ Database. "No Times" will not be accepted. Entries will close at 300 swimmers. Late entries will not be accepted. Entry Fees: \$9.00 per event. Any correspondence to tauposwimclubrecorder@gmail.com.
- 4. Clubs are asked to supply 1 official per 4 swimmers, please notify officials to Jan Pook. (janpook4@gmail.com).
- 5. Admission Fees: Swimmers and officials are free. Spectators \$2.00 which can be paid at main entry.
- 6. Self-Marshalling will be used and all races are mixed timed finals.
- 7. Protests Must be lodged under SNZ Rules on the SNZ Protest Forms by the team manager with the correct fee of \$50.
- 8. XLR8 points information can be found on the following page
- 9. To comply with facility closing times the start times, afternoon sessions may be adjusted after final entries have been confirmed.
- 10. Timekeepers and Lap Counters will need to be provided for each 800m and 1500m entrant.
- 11. Athletes who hold a Para Classification will be seeded amongst able-bodied athletes based on entry times. Please supply the Referee with a copy of their Para Classification Card.

XLR8 Points Overall Age Group Champion winners based on XLR8 points system. Please NOTE swimmers must swim the XLR8 swim combinations to be eligible to win their age group.

XLR8 Points Overall Age Group Champion Awards - 1st, 2nd, 3rd and will be mailed out.

Age Group and Para Medals for 1st, 2nd and 3rd in each event.

Age groups 9/under, 10,11,12,13,14,15,16/over.

XLR8: SWIM FASTER, FASTER!



Maximising your XLR8 point score:

Racing a range of events is recommended as the XLR8 programme chooses your **best 4 scoring** races automatically and gives you the maximum point combination possible.

The four event combination is be made up from:

- 1. One DISTANCE freestyle event the distance varies with age.
- 2. One INDIVIDUAL MEDLEY event the distance varies with age.
- 3. One 200m FORM event 200m Backstroke, Breaststroke or Butterfly.
- 4. One OTHER event the next best event, not used in events 1, 2 or 3.



	Freestyle				Backstroke		Breaststroke		Butterfly			Ind. Medley						
Age	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
10/u	•	•	•				•	•	•	•	•	•	•	•	•	•	•	
11	•	•	•				•	•	•	•	•	•	•	•	•	•	•)	
12	•	•	•	•	•		•	•	•	•	•	•	•	•	•	•	•	
13 - 14	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•