

## Stroke Development

Day	AM/PM	Start	Finish	Duration	Venue	Coach
Monday	PM	3:30	4:30	1:00	Otumoetai	Shaeli Brewer
Tuesday	PM	4:30	5:30	1:00	Otumoetai	Riccardo Pini
Wednesday	PM	4:00	5:00	1:00	Otumoetai	Shaeli Brewer
Thursday	PM	4:30	5:30	1:00	Otumoetai	Shaeli Brewer
Friday	PM	4:00	5:00	1:00	Otumoetai	Travis Hudson
Saturday	AM	No session				

## Stroke Tech

Day	AM/PM	Start	Finish	Duration	Venue	Coach
Monday	PM	4:30	5:30	1:00	Otumoetai	Travis Hudson
Tuesday	PM	3:30	4:30	1:00	Otumoetai	Riccardo Pini
Wednesday	PM	5:00	6:00	1:00	Otumoetai	Travis Hudson
Thursday	PM	3:30	4:30	1:00	Otumoetai	Travis Hudson
Friday	PM	4:00	5:00	1:00	Otumoetai	Travis Hudson
Saturday	AM	No session				

## Regional

Day	AM/PM	Start	Finish	Duration	Venue	Coach
Monday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Monday	PM	5:30	7:00	1:30	Otumoetai	Travis Hudson
Tuesday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Tuesday	PM	5:30	7:00	1:30	Otumoetai	Riccardo Pini
Wednesday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Wednesday	PM	No session				
Thursday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Thursday	PM	5:30	7:00	1:30	Otumoetai	Travis Hudson
Friday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Friday	PM	4:00	5:00	1:00	Otumoetai	Travis Hudson
Saturday	AM	No session				

## National

Day	AM/PM	Start	Finish	Duration	Venue	Coach
Monday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Monday	PM	5:30	7:00	1:30	Otumoetai	Riccardo Pini
Tuesday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Tuesday	PM	5:30	7:00	1:30	Otumoetai	Riccardo Pini
Wednesday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Wednesday	PM	No session				
Thursday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Thursday	PM	5:30	7:00	1:30	Otumoetai	Riccardo Pini
Friday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Saturday	AM	No session				

Aquafit						
Day	AM/PM	Start	Finish	Duration	Venue	Coach
Monday	PM	4:30	5:30	1:00	Otumoetai	Travis Hudson
Tuesday	PM	3:30	4:30	1:00	Otumoetai	Travis Hudson
Wednesday	PM	5:00	6:00	1:00	Otumoetai	Travis Hudson
Thursday	PM	3:30	4:30	1:00	Otumoetai	Travis Hudson
Saturday	AM	No session				

Adult/Senior Fit						
Day	AM/PM	Start	Finish	Duration	Venue	Coach
Monday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Tuesday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Wednesday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Thursday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini
Friday	AM	6:00	7:30	1:30	Otumoetai	Riccardo Pini