

*Labour Week-end*

# North

*Island Showdown*

Rotorua

# 2024

Friday 25th- Monday 28th October  
Formally known as CNI



## **Aquatic Centre**

Tarewa Road  
ROTORUA  
8 lane 25m indoor pool

## *sessions*

### **swimming**

		warm-up	start
<i>Friday</i>	1	3.00 pm	4.00 pm
<i>Saturday</i>	2	7.30 am	8.15 am
<i>Saturday</i>	3	4.00 pm	4.45 pm
<i>Sunday</i>	4	7.30 am	8.15 am
<i>Sunday</i>	5	4.00 pm	4.45 pm

### **luge**

<i>Monday</i>	6	8.00 am – 9.30 am
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# swimming

Friday 25th– Sunday 27th October

qualifying times

Session 1					
warm-up : 3.00pm		Friday 25 <sup>th</sup> October		start : 4.00pm	
event					
1	mixed	open	50m	Free	T/F
2	mixed	open	50m	Back	T/F
3	mixed	open	50m	Breast	T/F
4	mixed	open	50m	Fly	T/F
5	mixed	open	400m	Medley	T/F <i>top 32</i>

12/U	13 & 14	15/0
	45.00	45.00
	55.00	55.00
	1:05.00	1:05.00
	53.00	53.00
	6:45.00	6:45.00

Session 2					
warm-up : 7.30am		Saturday 26 <sup>th</sup> October		start : 8.15am	
event					
6	mixed	13/U	200m	Medley	heats
7	mixed	14/O	200m	Free	heats
8	mixed	13/U	100m	Free	heats
9	mixed	14/O	100m	Back	heats
10	male	open	400m	Free	T/F <i>top 48</i>
11	mixed	13/U	200m	Back	heats
12	mixed	14/O	200m	Medley	heats
13	mixed	13/U	100m	Breast	heats
14	mixed	14/O	100m	Breast	heats
15	female	open	800m	Free	T/F <i>slower 8</i>
16	male	open	800m	Free	T/F <i>slower 8</i>

12/U	13 & 14	15/0
	3:20.00	-
-	2:40:00	2:40.00
	1:30.00	-
-	1:30:00	1:30.00
	5:45.00	5:45.00
	3:20.00	
-	3:00:00	3:00.00
	1:55.00	-
-	1:40:00	1:40.00
	12:00.00	12:00.00
	12:00.00	12:00.00

Session 3					
warm-up : 4.00pm		Saturday 26 <sup>th</sup> October		start : 4.45pm	
event					
15	female	open	800m	Free	T/F <i>fastest 8</i>
16	male	open	800m	Free	T/F <i>fastest 8</i>
<b>6 - 9</b>			<b>Finals</b>		
<b>11 - 14</b>			<b>Finals</b>		
17	male	open	200m	Fly	T/F <i>top 48</i>
18	female	13/U	200m	Medley	T/F <i>relay</i>
19	male	13/U	200m	Medley	T/F <i>relay</i>
20	female	open	200m	Medley	T/F <i>relay</i>
21	male	open	200m	Medley	T/F <i>relay</i>

12/U	13 & 14	15/0
	12:00.00	12:00.00
	12:00.00	12:00.00
-	-	-
-	-	-
	3:50.00	3:50.00
-	-	-
-	-	-
-	-	-
-	-	-

Session 4					
warm-up : 7.30am		Sunday 27 <sup>th</sup> October		start : 8.15am	
event					
22	mixed	13/U	200m	Breast	heats
23	mixed	14/O	100m	Free	heats
24	mixed	13/U	200m	Free	heats
25	mixed	14/O	100m	Fly	heats
26	female	open	400m	Free	T/F <i>top 48</i>
27	mixed	13/U	100m	Fly	heats
28	mixed	14/O	200m	Breast	heats
29	mixed	13/U	100m	Back	heats
30	mixed	14/O	200m	Back	heats
31	mixed	open	100m	Medley	T/F
32	male	open	1500m	Free	T/F <i>slower 8</i>
33	female	open	1500m	Free	T/F <i>slower 8</i>

12/U	13 & 14	15/0
	3:45.00	-
-	1:13.00	1:13.00
	3:15.00	
-	1:30.00	1:30.00
	5:45.00	5:45.00
	1:45.00	-
-	3:30.00	3:30.00
	1:40.00	-
-	3:00.00	3:00.00
	1:35.00	1:22.00
	22:30.00	22:30.00
	22:30.00	22:30.00

<b>Session 5</b>							
warm-up : 4.00pm		Sunday 27 <sup>th</sup> October			start : 4.45pm		
<b>event</b>							
<b>32</b>	male	open	1500m	Free	T/F	<i>fastest 8</i>	
<b>33</b>	female	open	1500m	Free	T/F	<i>fastest 8</i>	
<b>22 - 25</b>			<b>Finals</b>				
<b>27 - 30</b>			<b>Finals</b>				
<b>34</b>	female	open	200m	Fly	T/F	<i>top 48</i>	
<b>35</b>	male	13/U	200m	Free	T/F	<i>relay</i>	
<b>36</b>	female	13/U	200m	Free	T/F	<i>relay</i>	
<b>37</b>	male	open	200m	Free	T/F	<i>relay</i>	
<b>38</b>	female	open	200m	Free	T/F	<i>relay</i>	

	<b>12/U</b>	<b>13</b>	<b>14/O</b>
		22:30.00	22:30.00
		22:30.00	22:30.00
	-	-	-
	-	-	-
		3:50.00	3:50.00
	-	-	-
	-	-	-
	-	-	-
	-	-	-

# *luge*

Monday 28<sup>th</sup> October

8:00am to 9.30am

Skyline Sky rides Luge Track

*Cost to be confirmed*

*(The Trust heavily subsidizes the luge)*

*Expressions of interest with numbers to Bronwen on the Sunday of the meet*

***luge race - Club Challenge !***

***who is the fastest team on land ?***

## *entry details*

**Entries :**

- . online – SNZ database

**Closing date :**

- . 11.00pm Sunday 20<sup>th</sup> October 2024
- . late entries are ***not*** accepted

**Entry fees :**

- . ***\$9.50*** per event

**Queries to :**

[centralnorthislandswimming@gmail.com](mailto:centralnorthislandswimming@gmail.com)

(027) 6688966

# meet conditions

**Meet to be conducted under Swimming New Zealand rules with local rules taking precedence**

*see Meet Bible for full details*

1. **Entry Times** : to be SC 25m Times, LC times can be converted.
2. This event is open to **all registered** swimmers.
3. **Events** :
  - **Heats** will be **mixed** age groups for 13/U & 14/O seeded on time & swum slowest to fastest
  - **Finals** will be Male & Female age groups for 11/U , 12/13 , 14/15 & 16/O
  - **Open events** will be swum as **Timed Finals**
  - **400m Freestyle** open Male and Female will be swum in the **Heats** Session
  - **200m Butterfly** open Male and Female will be swum in the **Finals** Session
3. **Restrictions** :
  - Please note qualifying criteria applied to all events with the exception of 12 & u and Para Swimmers who do not require a QT.
  - **800m & 1500m Freestyle** events are limited to the **fastest 16** Females and the **fastest 16** Males, with the slowest heats swum in the morning sessions and the fastest in the finals sessions
  - **400m Medley** is limited to the **fastest 32** Females and the **fastest 32** Males
  - **100m Medley , 200m Fly & 400m Free** are limited to the **fastest 48** Females and the **fastest 48** Males
4. **Cash prizes** will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for each age group Male & Female in Finals and Timed Finals.  
**Cash prize** will be awarded to overall age group winners (male and female).  
**Cash prize** of \$1000 to the top club.
5. The North Island Showdown has a “mainstreaming” policy relating to athletes with a disability. Athletes will be seeded amongst able-bodied athletes based on entry times. There are no qualifying times for Para Swimmers. Events should be entered online via Fastlane
6. **Fees** for Withdrawals and Protests will apply and are as follows:
  - There will be a \$10 scratching fee payable for all scratchings from FINALS (payable on the day)
  - Failure to scratch within stipulated time frame: **\$50.00** (payable on the day)
  - Protest fee: **\$100.00**
7. **Luge Race Club Challenge**:
  - **Cost to be confirmed**
  - **Luge track** is booked from 8:00am to 9.30am on Labour Monday
  - **Numbers** are required to **Bronwen Radford** on the **Sunday** of the meet
8. **Meet Organisers reserve the right** to the following :
  - to limit the number of entries for any event
  - to change the race format, or
  - to add additional events should circumstances dictate so
9. **Electronic timing** will be used at this meet which is an officiated SNZ meet provided officials meet the requirements as per the Swimming New Zealand meet approval process