

Caregivers must accompany all children aged 10 and under to and from their their lessons

LTS swimmers 5 years and under

- For children 5 and under, caregivers must remain on the pool surrounds and **actively supervise** their child.
- Active supervision means watching at all times and being able to provide immediate help.
- Caregivers must be close enough to see, and be seen by their child and hear, and be heard by their child.
- Active supervision is **not** using a mobile phone, in another pool, lap swimming, in a group engaged in discussion, or in the changing room or toilet.

LTS swimmers 6-10 years

- Caregivers must accompany all children aged 10 and under to and from their lessons.
- Caregivers (in effect) hand the supervision of their child over to the instructor.
- Caregivers can then leave the facility however, must return to collect the child from the instructor by the time the lesson is finished.
- The child **must not** leave the facility on their own.
- Children 6-10 years and participating in structured sessions under the supervision of an instructor, will **not** be required to wear a wristband during their lesson.
- At all other times, wristbands are mandatory and Keep Me Safe pool supervision rules apply. (Caregivers must be on the premises and able to provide immediate assistance).

What if one child is swimming and another is in lessons?

- If a caregiver has two or more children attending sessions one after another, the caregiver must remain with the child/ren not participating.
- If the caregiver wishes to watch the lesson of another child in their care, the other children must remain out of the water with the caregiver.
- If the caregiver is swimming, any other child in their care, 10 and under, must have an additional caregiver out of the water with them at all times.

SWIMMING PROGRESSION



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