

Keep Me Safe

## Supervision Rules

Caregivers must accompany all children aged 10 and under to and from their lessons

### LTS swimmers 5 years and under

- For children 5 and under, caregivers must remain on the pool surrounds and **actively supervise** their child.
- Active supervision means watching at all times and being able to provide immediate help.
- Caregivers must be close enough to see, and be seen by their child and hear, and be heard by their child.
- Active supervision is **not** using a mobile phone, in another pool, lap swimming, in a group engaged in discussion, or in the changing room or toilet.

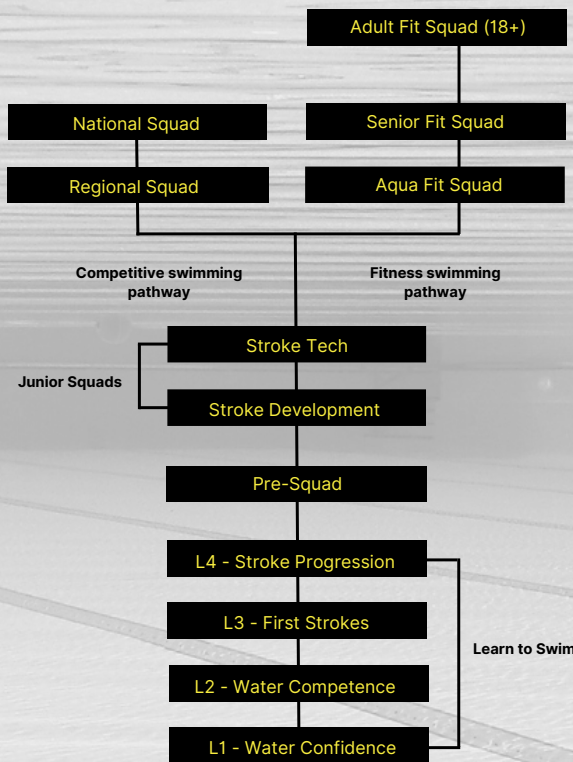
### LTS swimmers 6-10 years

- Caregivers must accompany all children aged 10 and under to and from their lessons.
- Caregivers (in effect) hand the supervision of their child over to the instructor.
- Caregivers can then leave the facility however, must return to collect the child from the instructor by the time the lesson is finished.
- The child **must not** leave the facility on their own.
- Children 6-10 years and participating in structured sessions under the supervision of an instructor, will **not** be required to wear a wristband during their lesson.
- At all other times, wristbands are mandatory and **Keep Me Safe** pool supervision rules apply. (Caregivers must be on the premises and able to provide immediate assistance).

### What if one child is swimming and another is in lessons?

- If a caregiver has two or more children attending sessions one after another, the caregiver must remain with the child/ren not participating.
- If the caregiver wishes to watch the lesson of another child in their care, the other children must remain out of the water with the caregiver.
- If the caregiver is swimming, any other child in their care, 10 and under, must have an additional caregiver out of the water with them at all times.

# SWIMMING PROGRESSION CHART



## CONTACT US

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